

THE LOCALS CHOICE, SINCE 1978

TRAVEL CHECKLIST:

DIVE GEAR:

ACCESSORIES:

100

		\square	Dry Bag / Dry Box
🗌 Regi	jlator/Reg Bag	П	SAVE-A-DIVE KIT
	COMPUTER & TIMING DEVICE BACKUP		- Extra Mask, Extra Snorkel Keeper, Duct
	ba Mask		TAPE, ZIP TIES/CABLE TIES, MULTI TOOL, ETC
	BA FINS	\square	Dive Camera
SNOF	RKEL		-FILTERS, MEMORY CARDS, TRAYS, BATTERIES,
Mest	H DIVE BAG (FOR THE BOAT)		CHARGERS, VIDEO LIGHTS
	SKIN/LIGHTWEIGHT EXPOSURE SUIT		Divelog
	SUIT (PACK ACCORDING TO WATER TEMPS)	\Box	PASSPORT AND EMERGENCY CONTACT NUMBERS
	HOOD/VEST/ GLOVES/DIVE SOCKS		DAN INSURANCE
	OFIBER TOWELS		CERTIFICATION CARDS (NITROX TOO!)
	LIGHTS (PRIMARY, SECONDARY, TANK)		REEF SAFE SUNSCREEN, HAT AND SUNGLASSES
	TOOL (DIVE KNIFE)		(WITH RETAINER)
	CLIPS/RETRACTORS		SEASICKNESS MEDS, SWIMEAR SOLUTION, AND
	B (SAFETY SAUSAGE WITH FINGER SPOOL)		OTHER MEDICATIONS
WRE	CK REEL		CASH FOR CREW TIPS AND EXTRAS
U Whis	TLE/DIVE ALERT		FISH IDENTIFICATION GUIDES
	OG		Dive Tables (Backup)
🗌 Wate	ERPROOF/WINDPROOF JACKET (SURFUR)		

IMPORTANT TIPS FOR INTERNATIONAL TRIPS

- Download the MobilePassport App on your phone, this will save you TONS of time going through Customs and Border Protection. Fill out flight information and submit WHEN YOUR PLANE LANDS, the approval only lasts 4 hours so do not do it before you take off.Make sure you get in the correct line for MobilePass when going through Customs, if all else fails just ask someone where to go.

- Make copies of your itinerary, passport photo, and contact information and put a copy in each of your checked bags

757.481.7949 · LDCSCUBA.COM

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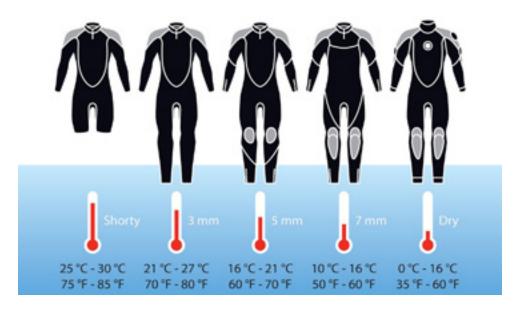
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INSTRUCTOR

FAVORITES!

100

WHAT WETSUIT SHOULD I BRING?

- Use the chart above to gauge what suit you should bring on your trip

- Remember that bringing a vest, hood and gloves can help keep you warm. Layers are important to include so you can adjust throughout your vacation

- Keep in mind that if you tend to run hot or cold, you will want to adjust your exposure suit accordingly

- Doing multiple dives for multiple days will lower your core temperature, even if the water is 80 degrees, that's still 18 degrees below your body temp, so pack layers that you can add if you get chilled

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